



Family Martial Arts Center, Inc.

TAEKWONDO



HAPKIDO



KUMDO

Dojang Rules and Regulations

- 1) Bow respectfully to the flags and your master when entering or leaving the school.
- 2) Show respect to your fellow students and those who hold a higher rank (belt).
- 3) Address your instructor as "SA BUM NIM" (master) and always answer with "Yes, Sir" or "No, Sir".
- 4) Horseplay or disrespect of any kind will not be tolerated.
- 5) Unnecessary noise, talking, or laughing during class will not be permitted.
- 6) There will be NO SMOKING or GUM CHEWING in the Dojang.
- 7) Street shoes are not allowed in the Dojang.
- 8) Students will wear clean doboks (uniforms) at all times.
- 9) Remember, Taekwondo is not only for your health and self-defense but also for mental discipline that requires constant practice.
- 10) Support your Taekwondo school by inviting your friends to watch, and by explaining to them about the true spirit of Taekwondo.
- 11) You work out at your own risk. The instructor will take every precaution to prevent injury. But, if injury does occur, you are responsible.
- 12) Please drop your children off no earlier than 5 minutes before class and pick them up promptly when class ends.

This is House of Discipline. Remember, black belt is your goal.